ThinkBook 14 G7 ARP

Introducing the ultimate powerhouse for mobile business professionals. The cutting-edge laptop equipped with an AMD Ryzen 7 Processor ensures lightning-fast performance and seamless multitasking capabilities. Paired with up to 64GB DDR5-4800 memory, this laptop delivers unparalleled speed and responsiveness, enabling users to effortlessly handle intensive workloads and demanding applications with ease. With up to 1TB of SSD storage, storing vast amounts of data and accessing it swiftly is a breeze.
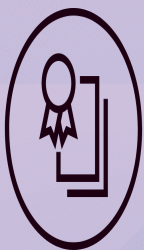
Dive into crystal-clear sound with 2W dual Dolby Audio stereo speakers, whether you're in a video conference or attending client calls. Bid farewell to background noise distractions during crucial calls, thanks to the dual-microphone array equipped with smart noise-cancelling technology, ensuring that your voice is heard with clarity and precision.

Weighing in at 1.38 kg (3.04 lbs), the laptop is effortlessly lightweight, ensuring seamless mobility from boardroom to outdoor travels.

Weighing in at 1.38 kg (3.04 lbs), this ThinkBook is a lightweight companion for modern professionals who are always on the move.

Redefining possibilities with powerful performance and groundbreaking on-device AI

ThinkBook combines the style and user experience of consumer devices with the security and business-class support of ThinkPad.

Lenovo Services

Lenovo delivers tailored sustainability services, devices, and infrastructure solutions from our broad portfolio, working closely with you to support your target outcomes across the IT lifecycle..

Return To Depot Repair Warranty

- No-hassle repair process at a Lenovo service center
- Lenovo pays for all shipping between the customer and service facility
- Avoid unplanned operational expense with a simple annual fee

Accessories

Lenovo Wired VoIP Headset

- Optimized audio comfort
- Lightweight design
- Seamless management

PN: Teams : 4XD1M45626, UC : 4XD1M39028

Lenovo USB-C Universal Business Dock

- Features a universal USB-C connection that delivers effortless plug-and-play with most USB-C notebooks.
- Has 11+ helpful expansion ports to optimize your workspace and workflow.
- Enjoy lightning-quick data transfers, dual 4K monitors, and rapid charging for notebooks up to 65W.

PN: 40B30090xx

ThinkBook 14 G7 ARP

Performance

Processor
AMD Ryzen 3 / 5 / 7

Operating System
Windows 11 Pro
Windows 11 Home
Windows 11 Home Single Language

Graphics
AMD Radeon 660M (integrated)
AMD Radeon 680M (integrated)

Memory [1]
Up to 64GB DDR5-4800, 2x SO-DIMM

[1]Maximum memory is only to test technical readiness of notebook. Available memory to sell would vary.

Storage [2]
Up to two M.2 PCIe NVMe SSD
M.2 2280 SSD up to 2TB

[2]The system supports dual SSD via two M.2 slots, but Lenovo only offers one SSD configuration, another SSD slot for user self-extension. The max storage capacity is only technical readiness and may be different with current Lenovo storage offerings.

Audio
High Definition (HD) Audio
Stereo speakers, 2W x2, Dolby Audio
Dual-microphone array with smart noise-cancelling

Camera*
HD 720p, with privacy shutter
FHD 1080p, with privacy shutter
FHD 1080p + IR hybrid, with privacy shutter

Battery [3]
45Wh (up to 7.46 hr) battery, Rapid Charge Pro
60Wh (up to 11.0 hr) battery, Rapid Charge

[3]Battery life claims are approximate maximum. Actual result will vary depending on many factors and the maximum battery capacity will decrease with time and use.

Power Adapter*
65W USB-C adapter, PD 3.0
65W USB-C slim adapter, PD 3.0

Design

Display [4]
14" WUXGA (1920x1200) IPS Anti-glare 16:10
- 300nits, 45% NTSC, 60Hz
- 300nits, 45% NTSC, 60Hz, touch
- 300nits, 100% sRGB, 60Hz, Eyesafe

[4]IPS (in-plane switching) technology may refer to IPS, PLS, ADS, AHVA, AAS.

Keyboard
6-row, spill-resistant, optional backlight

Touchpad
Mylar surface touchpad
75 x 120 mm (2.95 x 4.72 inches)

Dimensions [5]
Models with aluminium (top) and aluminium (bottom)
313.5 x 224 x 16.9 mm (12.34 x 8.82 x 0.67 inches)

Models with aluminium (top) and PC-ABS (bottom)
313.5 x 224 x 17.6 mm (12.34 x 8.82 x 0.69 inches)

[5]The system dimensions may vary depending on configurations.

Weight [6]
Models with aluminium (top) and aluminium (bottom)
Starting at 1.38 kg (3.04 lbs)

Models with aluminium (top) and PC-ABS (bottom)
Starting at 1.36 kg (2.99 lbs)

[6]The system weight is approximate and may vary depending on configurations

Color
Arctic grey, dual-tone design

Case material
Aluminium (top), aluminium (bottom)
Aluminium (top), PC-ABS (bottom)

Special Features
Modern Standby

Connectivity

Ethernet
Gigabit onboard Ethernet

WLAN + Bluetooth* [7]
802.11ax (Wi-Fi 6 or Wi-Fi 6E), Bluetooth 5.3

[7]Wi-Fi 6E is only enabled on Windows 11 and operates as Wi-Fi 6 with Windows 10.

Ports
1x USB-A (USB 5Gbps / USB 3.2 Gen 1)
1x USB-A (USB 5Gbps / USB 3.2 Gen 1), Always On
1x USB-C (USB 10Gbps / USB 3.2 Gen 2), with USB PD 3.0 & DP 1.4
1x USB-C (USB4 40Gbps), with USB PD 3.0 & DP 1.4
1x HDMI 2.1, up to 4K/60Hz
1x SD card reader
1x Ethernet (RJ-45)
1x Headphone / microphone combo jack (3.5mm)

Docking
Docking support via USB-C

Security & Privacy

Security
Firmware TPM 2.0
Kensington Nano Security Slot
Touch style MOC fingerprint reader on smart power button
Camera privacy shutter
IR camera for Windows Hello (facial recognition)*

Certifications

Green Certifications [8] [9] [10]
EPEAT Gold Registered
ENERGY STAR 8.0
ErP Lot 6
ErP Lot 26
TCO Certified 9.0
RoHS compliant

[8]The items listed under the "Green Certifications" section may not only refer to certification but also registration self-declaration.

[9]EPEAT registration and ENERGY STAR certification are dependent on system OS.

[10]EPEAT is registered where applicable, please see epeat.net for registration status by country.

Other Certifications
TÜV Rheinland Low Blue Light (Hardware Solution)*
TÜV Rheinland Low Blue Light (Software Solution)*
Eyesafe Certified 2.0*
MIL-STD-810H