

# Yoga Pro 7 (14", 9)

## Unleash your power.

Having the Lenovo Yoga Pro 7 by your side is like having a superpower, with immense performance from up to the latest AMD Ryzen™ 8040 Series processors, and phenomenal picture quality on up to a 14.5" 3K PureSight Pro display.



### And with great power...

Anything you can do; you can do it even better with up to the latest AMD Ryzen™ 8040 Series processors. Harness pure speed for time-saving performance, and experience the power of personal AI processing with AMD Ryzen™ AI built-in. Running on a memory bandwidth of 16 GB, it makes multitasking faster and workstreams superfluid. You have ample space of up to 1 TB storage to store the things you love and bring them wherever you are.



### In the brightest screen, in blackest scene

See it all in glorious detail on up to 14.5" 3K PureSight Pro display. Every shade is painted realistically, thanks to a color accuracy of Delta E>1 and color gamuts of up to 100% sRGB and P3. Movements are so buttery smooth from up to 120 Hz refresh rate. From long movie runtimes to work overtime, your eyes stay alert and safe with TÜV Low Blue Light.



### All the suite stuff. Assembled.

Open up a portal of possibilities with Premium Suite, featuring four speakers boosted by Dolby Atmos®, a FHD IR camera with a privacy shutter, quad noise-cancelling microphones, and the Yoga keyboard, boasting oil-repellent keys with a travel of 1.5 mm.



### It can do this all day.

Experience endurance beyond belief with a long-lasting 73WHr battery capacity that tops up quickly with Rapid Charge Express. Packed with a wide array of connectivity, it can handle large file transfers, speedy power delivery, and hooks up to 8K displays.



# Yoga Pro 7 (14", 9)

## SPECIFICATIONS

Yoga Pro 7 14AHP9\*

### PERFORMANCE

#### Processor

AMD Ryzen™ 7 8845HS Processor

#### Operating System

Windows 11

#### Graphics

**UMA** : AMD RDNA 3™ 780M Graphics

**DIS** : NVIDIA® GeForce RTX™ 3050 Laptop GPU  
6 GB GDDR6 VRAM (Up to 1777 MHz Boost Clock, up to 63W TGP)

#### Memory

**LPDDR5X** : 16 GB; 6400 MHz Dual Channel

#### Storage

**PCIe Gen 4 2280 M.2** : 512 GB / 1 TB

#### Camera & Microphone

FHD Super Resolution Webcam |  
IR Camera + ToF | Camera Shutter |  
4 Voice ID Microphones

#### Audio

4 x Speakers | Dolby Atmos® Audio

#### Battery<sup>1</sup> (73Whr)

**Play Movie** : Up to 17.23 Hours @ 150 nits

**MobileMark® 2025** : Up to 10.52 Hours @ 200 nits

#### Rapid Charge Express

### DESIGN

#### Display

14.5" 3K (3072 x 1920) 120 Hz, 16:10,  
PureSight Pro IPS, 400 nits, Delta E<1,  
100% sRGB, 100% P3, TÜV Low Blue Light  
Certification, Eyesafe Certification,  
Matte

14.5" 2.5K (2560 x 1600) 90 Hz, 16:10,  
IPS, 350 nits, 100% sRGB, TÜV Low Blue  
Light Certification, Eyesafe Certification,  
Glass Touch

14.5" 2.5K (2560 x 1600) 90 Hz, 16:10,  
IPS, 350 nits, 100% sRGB, TÜV Low Blue  
Light Certification, Eyesafe Certification,  
Matte

#### Dimensions (W x D x H)<sup>2</sup>

(**mm**) : 325.5 x 226.49 x as thin as 16.6

(**inches**) : 12.81" x 8.92" x as thin as 0.65"

#### Weight

Starting at 1.49 kg (3.28 lbs)

#### Hinge

180°

#### Colors

Tidal Teal  
Luna Grey



### CONNECTIVITY

#### WLAN

WiFi 6E

#### Bluetooth<sup>3</sup>

Bluetooth® 5.3<sup>3</sup>

#### Input/Output (I/O) Ports

##### Left

1 x USB Type-C™ Full Function  
(USB 4.0 Gen 1, PD 3.0, DP 1.4)

1 x USB Type-C™ Full Function  
(USB 3.2 Gen 2<sup>4</sup>, PD 3.0, DP 1.4)

1 x HDMI™ 2.1 (6 Gbps, up to 4K/60 Hz)

##### Right

1 x USB-A 3.2 Gen 1<sup>4</sup> (Always-On)

1 x Audio Combo Jack

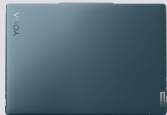
### PRELOADED SOFTWARE

- Windows 11 Home/Pro
- Creator Zone (OTA Update)
- Lenovo Vantage
- Microsoft 365 Trial
- McAfee® LiveSafe™
- Amazon Alexa
- Dolby® Access (Dolby Vision® and Atmos®)

### NOTEABLE MENTIONS

- Plastic-free Packaging
- EPEAT® Gold-registered<sup>5</sup>
- 50% Recycled Aluminum in the Bottom Cover
- 100% FSC-certified<sup>6</sup> Packaging Boxes
- ENERGY STAR® rated

<sup>1</sup> All battery life claims are approximate and based on two methods of testing: MobileMark® 2025 battery life benchmark @ 200 nits brightness and continuous 1080p video playback @ 150 nits brightness on the latest update of Windows 10. Actual battery life will vary and depends on many factors such as product configuration and usage, software use, wireless functionality, power management settings, and screen brightness. The maximum capacity of the battery will decrease with time and use. | <sup>2</sup> Height is calculated using T2 measurements and should be considered 'as thin as'. | <sup>3</sup> Bluetooth® version depends on OS. | <sup>4</sup> The actual transfer speed of the USB 3.2 will vary and, depending on many factors, such as the processing capability of host and peripheral devices, file attributes and other factors related to system configuration and your operating environments, may be slower than a speed of 20 Gbit/s. | <sup>5</sup> EPEAT®-registered where applicable – see www.epeat.net for registration status by country. | <sup>6</sup> FSC License code: C156624.



With Lenovo  
**AI Engine+**

## LENOVO SERVICES

#### Lenovo Premium Care Plus

Lenovo Premium Care Plus is the ultimate PC support experience with you as our priority 24/7. Enjoy personalized hardware and software support from a global network of elite technicians, along with accidental damage protection, fast repairs with onsite support, extended battery warranty, data migration assistance, and smart performance solutions that optimize PC performance and security.

#### Lenovo Smart Performance

Smart Performance Services within Lenovo Vantage will keep your system running at optimum performance and proactively fix issues that affect PC performance, internet performance, remove malware, and improve device security.

#### Lenovo Accidental Damage Protection

Avoid the hassles of unexpected damage & repair costs. With coverage for drops, spills, electric surges, and broken LCD screens, accidental damage protection makes it easy to repair to your PCs and ensures your device is up and running fast.

#### Lenovo CO<sub>2</sub> Offset Services

Offset the carbon emissions of your PC with Lenovo CO<sub>2</sub> Offset Services – an easy and transparent solution to offset emissions across the average lifecycle of your device. These offsets are invested in UN-approved initiatives like renewable energy or ecological projects, thus contributing towards a more sustainable future.

#### Lenovo Sealed Battery Warranty

Long-lasting battery life is not just a feature but a necessity to help you stay productive and connected all day long. Protect your PC's sealed battery from degradation, enjoy hassle-free battery replacement service, and safeguard your PC from future battery failure with our Sealed Battery Warranty Service.

#### Lenovo Warranty Extensions (Up to 3 Years Duration)

Gain complete peace of mind by extending your base warranty to up to 3 years and minimize unexpected repair costs.

## OPTIONS & ACCESSORIES



Lenovo Yoga  
True Wireless  
Stereo Earbuds



Lenovo Yoga  
Pro Mouse



Lenovo Yoga  
Sleeves

## McAfee® LiveSafe™

Register McAfee® to enjoy these benefits in your FREE 30-day trial.

- Award-winning Antivirus
- Password Manager
- Safe Web Browsing
- Multi-device Compatibility
- Identity Theft Protection
- Free Customer Support

\* Example of Lenovo catalogue naming convention



#### AMD platform codes

Cezanne: **ACN**, Rembrandt: **ARB**, Warhol: **AWA**, Cezanne-H: **ACH**, Barcelo: **ABA**, Rembrandt-H: **ARH**, Matisse Refresh: **AMR**, Lucienne-U: **ALC**, Raphael BGA: **ARX**, Phoenix U: **APU**, Rembrandt+: **ARP**, Phoenix 2: **AP2**, Mendocino: **AMN**, Barcelo Refresh: **ABR**, Phoenix H: **APH**, Rembrandt Refresh: **ARR**, Hawkpoint: **AHP**.

[WWW.LENOVO.COM](http://WWW.LENOVO.COM)

Lenovo reserves the right to alter product offerings and specifications at any time, without notice. Lenovo makes every effort to ensure accuracy of all information but is not liable or responsible for any editorial, photographic or typographic errors. All images are for illustration purposes only. For full Lenovo product, service and warranty specifications, visit [www.lenovo.com](http://www.lenovo.com). Lenovo makes no representations or warranties regarding third party products or services. All rights reserved. **Trademarks:** AMD, the AMD Arrow logo, Ryzen, Radeon, FreeSync and combinations thereof, are trademarks of Advanced Micro Devices, Inc. Microsoft and Windows are registered trademarks of Microsoft Corporation in the United States and/or other countries. 3DMark is a registered trademark of Futuremark Corporation. Other names are for informational purposes only and may be trademarks of their respective owners. Other company, product and service names may be trademarks or service marks of others. Visit [www.lenovo.com/lenovo/us/en/safecomp/](http://www.lenovo.com/lenovo/us/en/safecomp/) periodically for the latest information on safe and effective computing. ©2024 Lenovo. All rights reserved.



Lenovo